

Lawrencetown & Area Seniors Association (LASA)

Meets the second Monday of each month

1:30pm

Lawrencetown Royal Canadian Legion

490 Main Street, Rear Entrance

Various activities include:

Information and learning sessions, social fellowship,

Exercise class with a certified instructor,

Nordic pole walking, Day trips, Christmas party, Card games,

Exhibition parade float, summer barbeque.

Diane Moore, Chair

902-584-3078